



Goal Setting

Getting from where you are to where you want to be



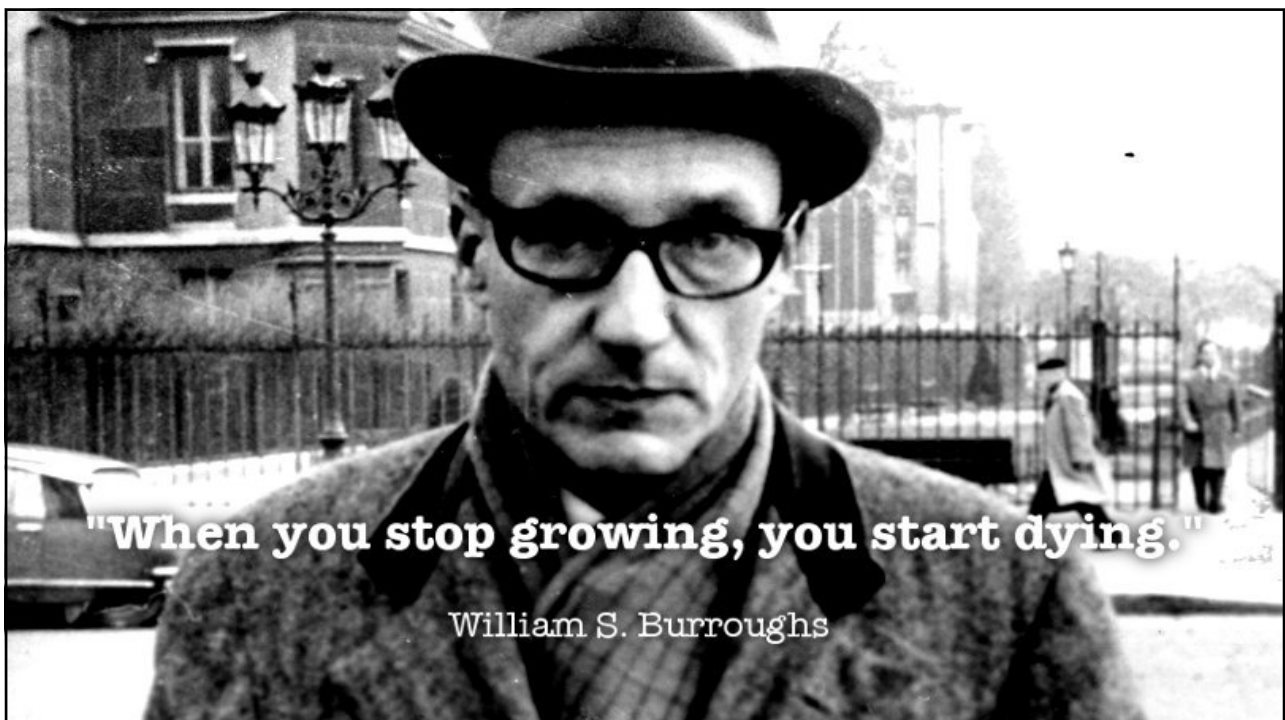
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If you always do
what you've always done,
you will always get
what you always got.

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- **Fear of failure**
- **Fear of success**
- **Failure to dream**
- **No clear plan to execute**
- **Lack of discipline**
- **Lack of belief**
- **Instant gratification**

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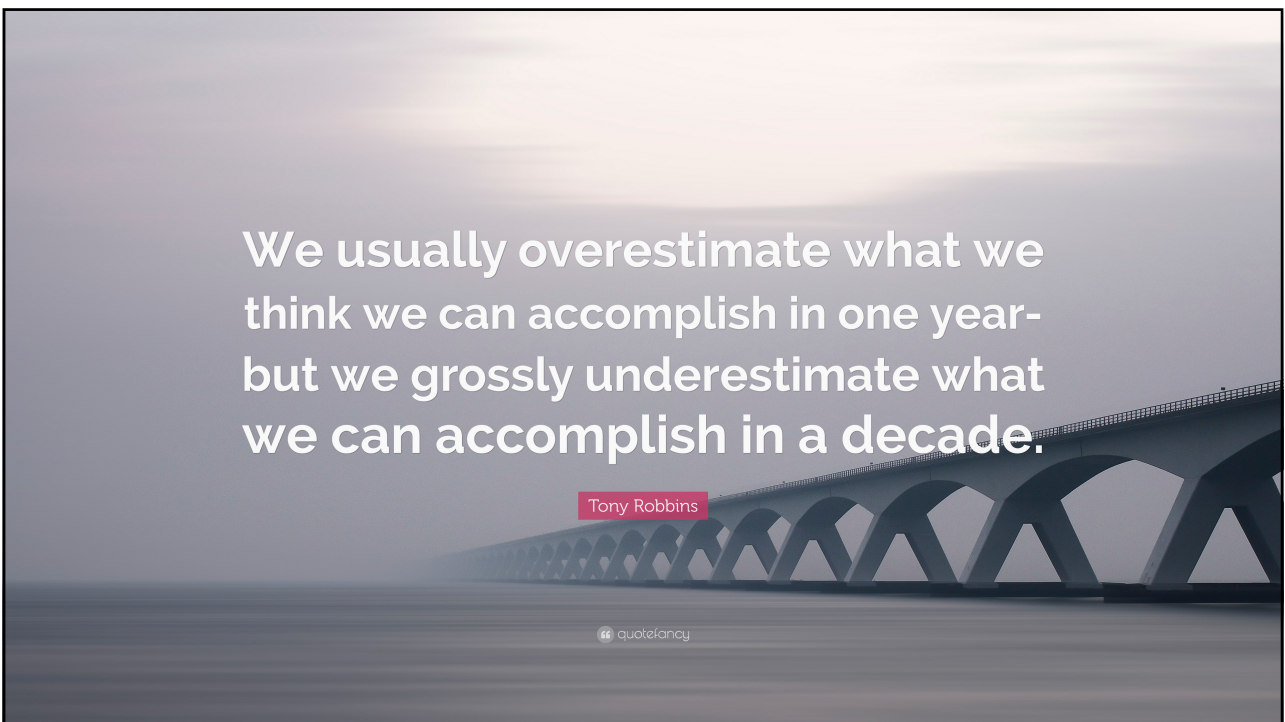
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- **Your goal is too ambitious**
- **You don't care enough about achieving the goal**
- **Your goal is too vague**
- **No one is holding you accountable**
- **You don't know how to achieve the goal**
- **Unrealistic with time**

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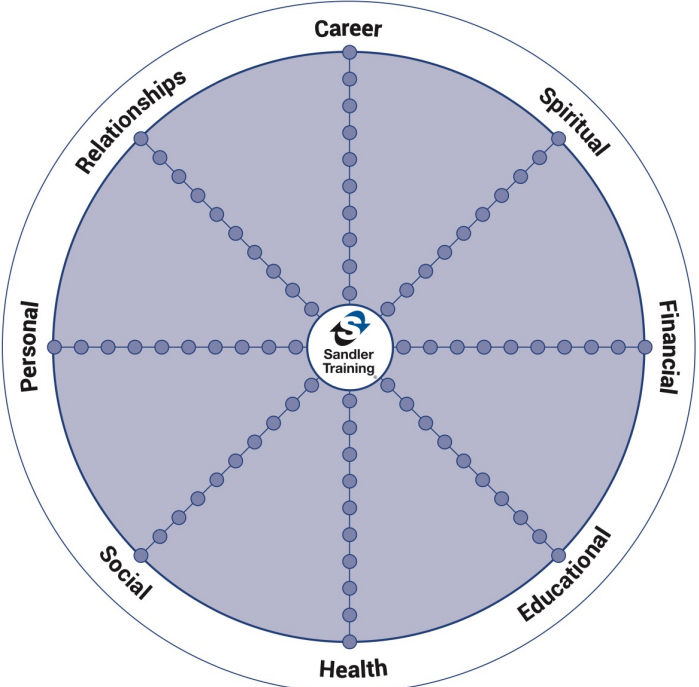
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• The Goals Wheel

- Social / Community
- Health / Physical Fitness
- Spiritual
- Financial / Retirement
- Educational / Mental
- Career / Business
- Relationships / Family
- Personal / Recreation

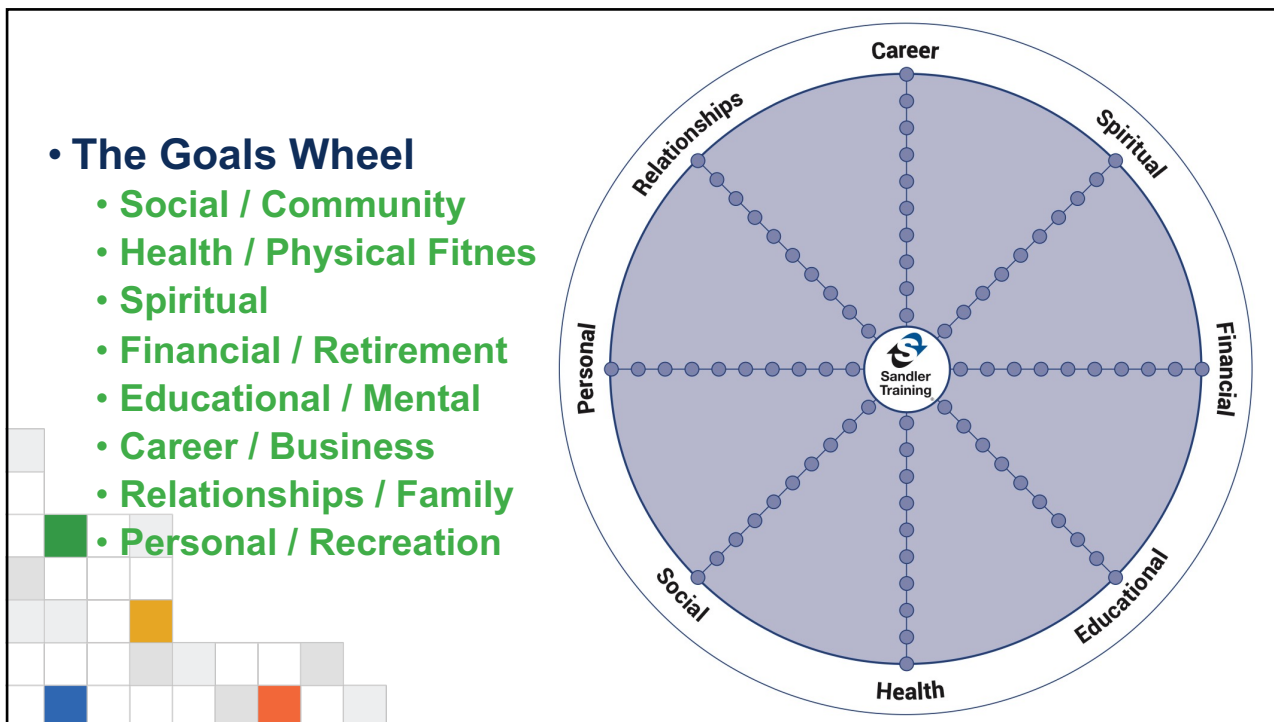


The Goals Wheel is a circular diagram with a central logo for "Sandler Training". It features eight spokes radiating from the center to the outer edge, each labeled with a goal area: Career, Spiritual, Financial, Educational, Health, Social, Personal, and Relationships. Each spoke has a series of small blue dots along its length, representing progress or milestones. The wheel is set against a light blue background.

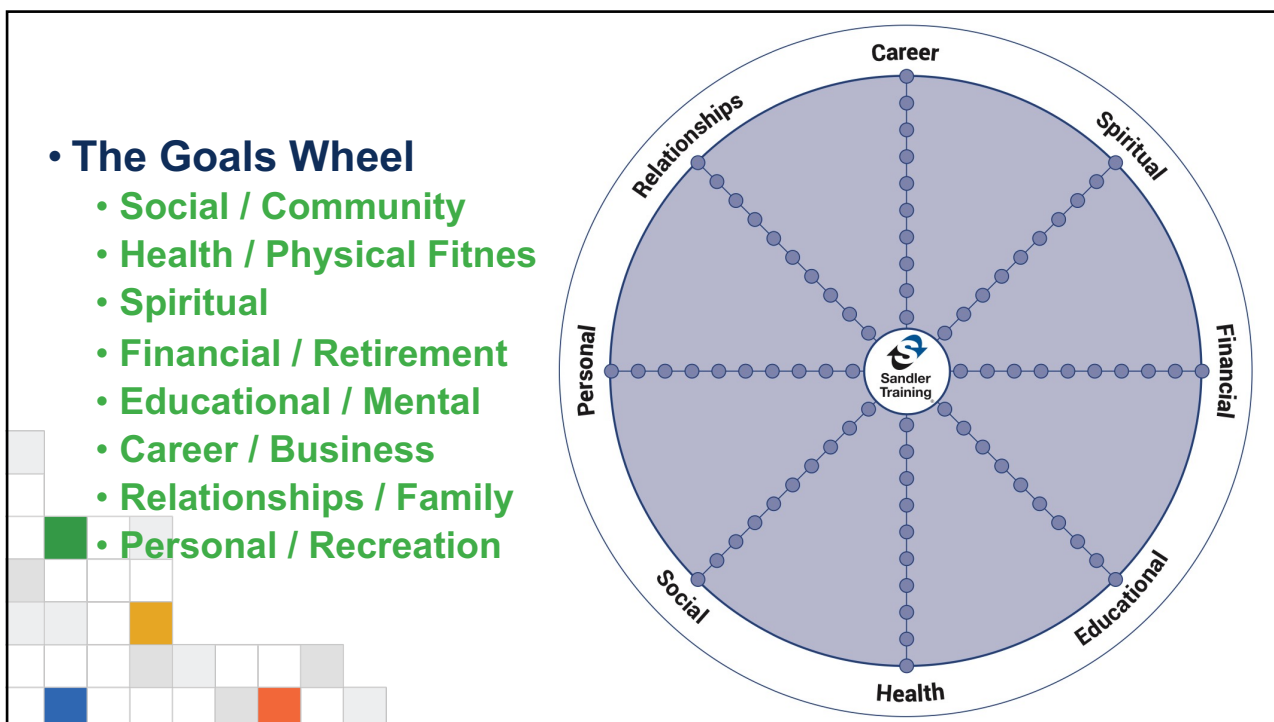


A decorative grid of colored squares in the bottom left corner, including shades of green, yellow, blue, and orange.

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Either you run the day
or the day runs you.

Jim Rohn

 quote fancy

19

Either you run **your life**
or **your life** runs you.

Jim Rohn

 quote fancy

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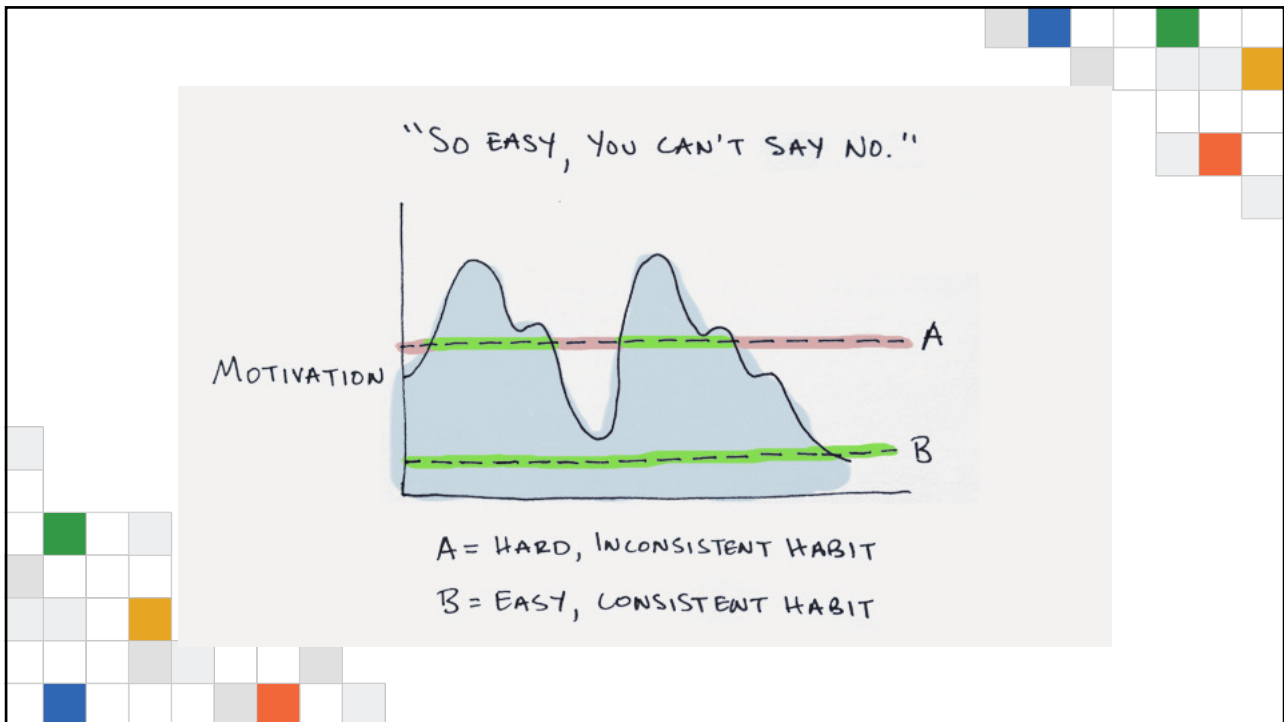


A Word About Habits

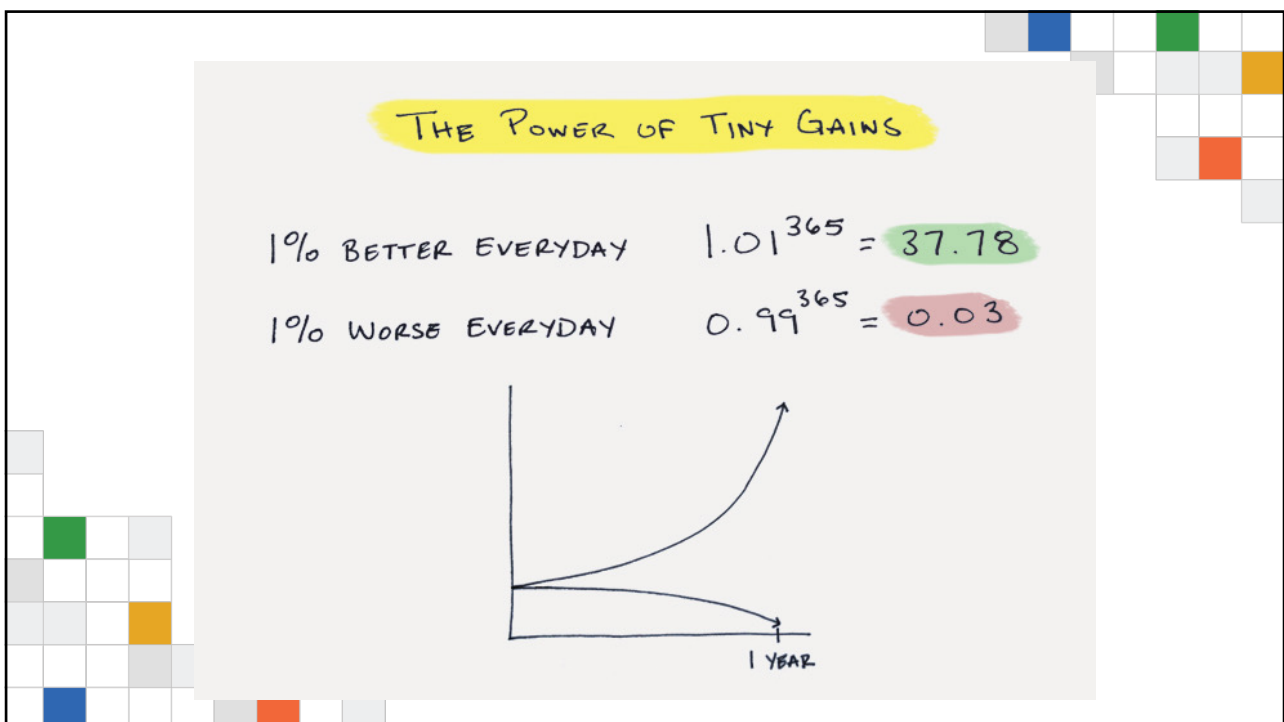
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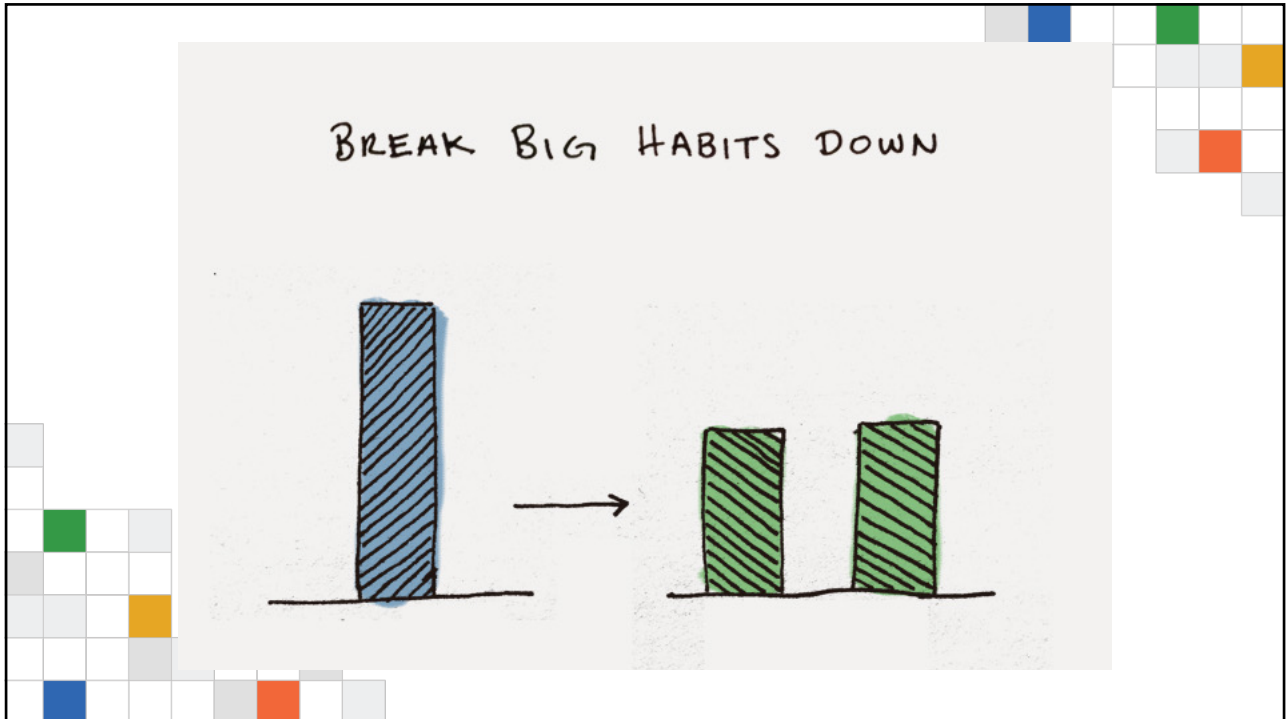
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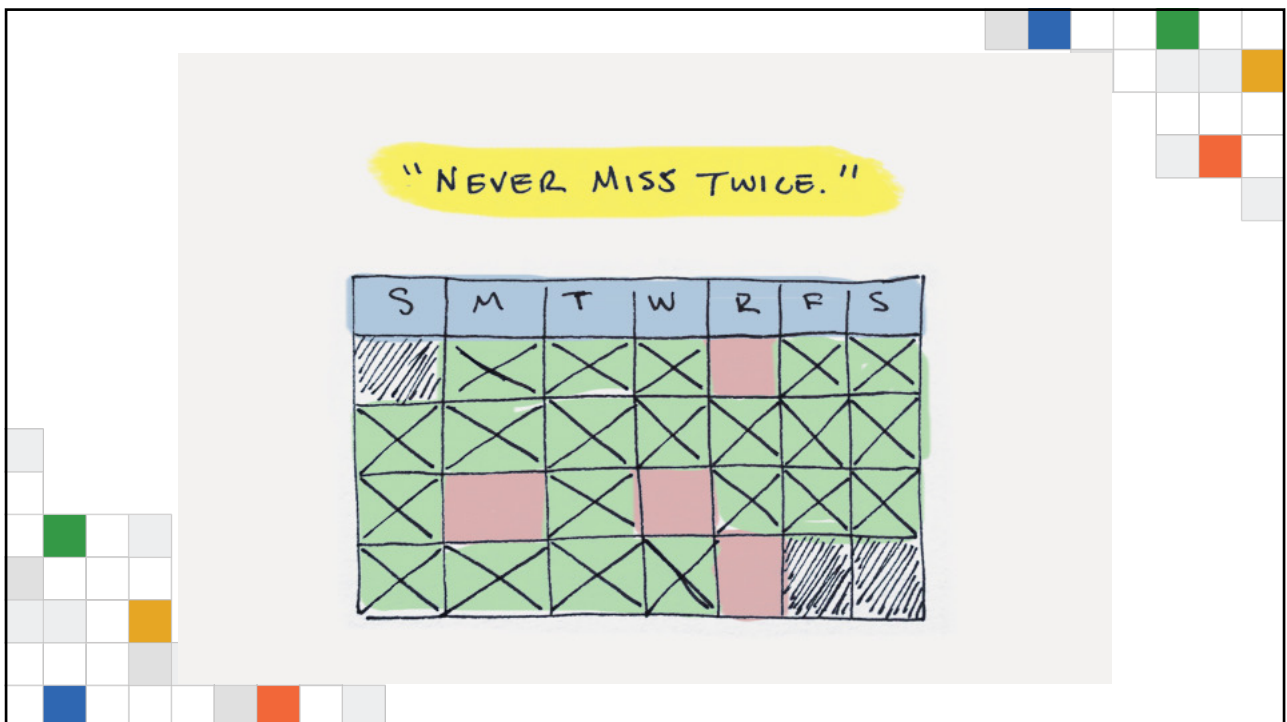
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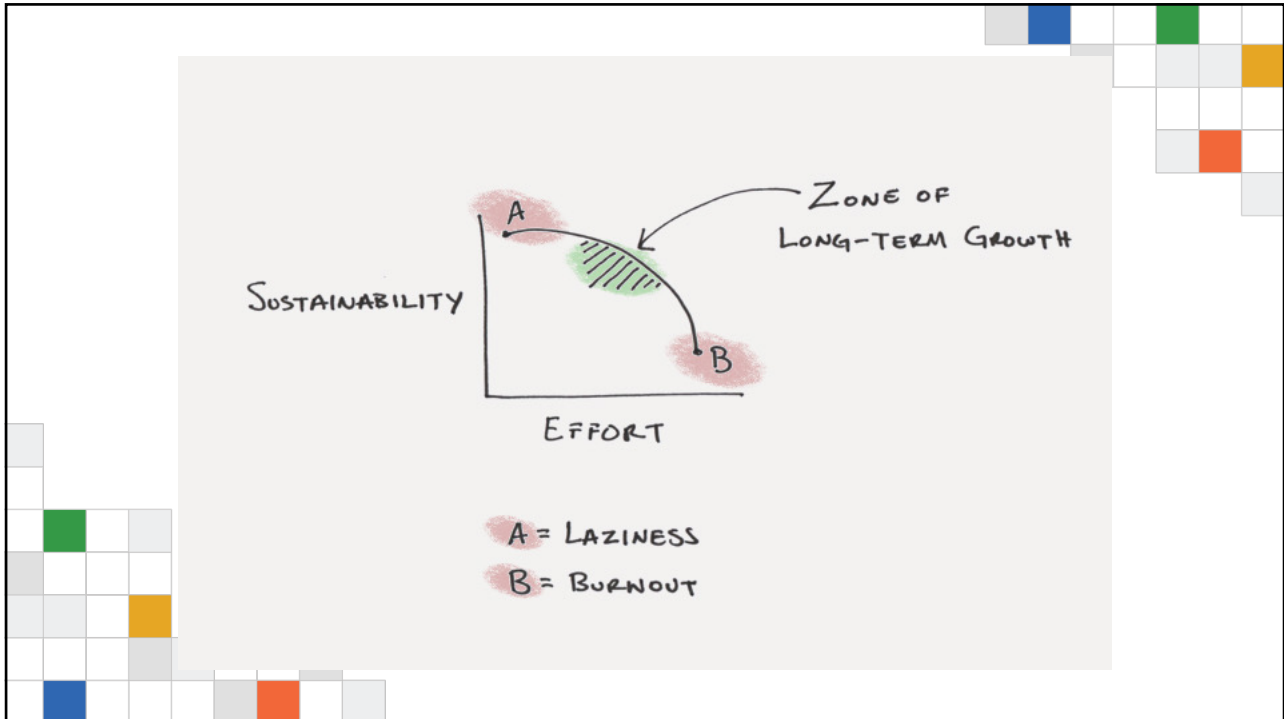
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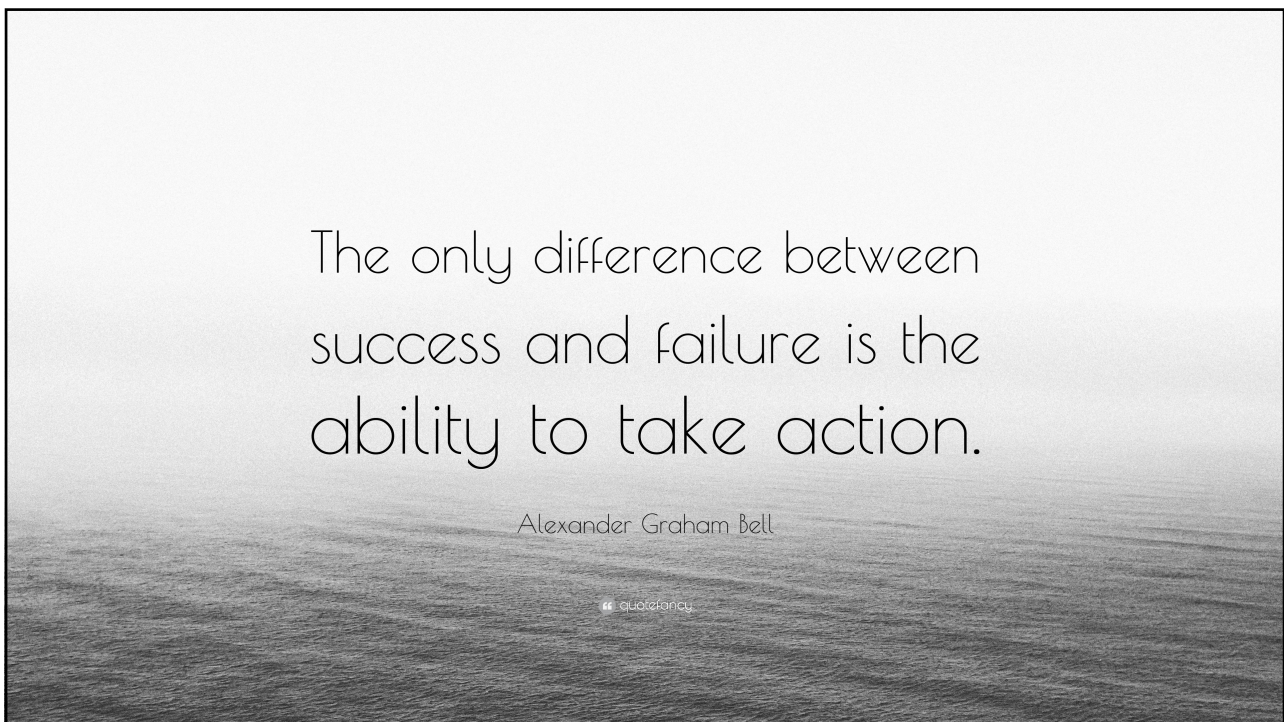
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